



CMTA YOUTH COUNCIL:

The CMTA Youth Council is a volunteer group of youth, ages 15-21, who help to plan and implement youth initiatives for the CMTA.

Youth Council Members must be:

- Energetic
- Positive
- Creative
- Team Players
- Dedicated to the mission of the CMTA and the Youth Council
- Able to commit to the time, communication, and fundraising requirements outlined below
- Diagnosed with CMT
- Between 10 and 21 years old

The Details:

- Youth Council members will serve for terms lasting for 3 years.
 - Members can resign from the Youth Council prior to the end of their 3-year term.
 - If necessary, Council Leadership may ask the member to resign (see Conflict Procedure)
- Youth Council members are responsible for raising \$1,000 dollars per member per year for the CMTA. Each additional year, the council member will add \$100 to their annual requirement.
- Upon joining the Youth Council, members will be placed on one of four Committees:
 - Social Media, Fundraising, Engagement, Special Projects
- Youth Council Meetings occur monthly
 - 3rd Sunday of each month from 4:30-6pm EST
- Committee meetings occur twice monthly
 - Day and time at committee discretion
- In-person Youth Council Retreat occurs one weekend per year
 - Location and dates TBD yearly
 - All expenses paid by the CMTA
- Youth Council members must also be available for communicating (usually via text) with other council members and Council Leadership as needed

Conflict Procedure:

- Any conflicts with other council members must first be addressed in a direct and respectful manner. If this does not resolve the issue, then bring your conflict to Council Leadership.
- If any work or behaviors are found to be unsatisfactory or if time commitments are not being met, you will have a discussion with Council Leadership to set goals and timeline for improvement. In the case of council members under the age of 18, parents and/or caregivers will be included in this process.

- If work or behaviors do not improve after initial meeting, you will meet for a second time with Council Leadership
 - o This may result in additional goals or in termination of the membership based on the discretion of Council Leadership

Benefits of Membership:

- Skill development: teamwork, collaboration, creativity, fundraising, communication, leadership, Conflict Resolution, and more
- Resume building
- Connection and mentoring from CMTA leadership
- Meeting and working alongside other amazing youth from around the country
- The opportunity to impact change and lead a movement!

Prospective Council Member:

Date: _____

Parent/Caregiver (If Member is under 18 years of age):

Date: _____

Articles of Incorporation

ARTICLE I. Name of Organization

Charcot-Marie-Tooth Association Youth Board

CMTAY

ARTICLE II. PURPOSE

The CMTAY's purpose is to empower, encourage and connect the youth affected with CMT.

ARTICLE III. MISSION STATEMENT

The CMTA Youth Board will work to identify the youth community of the CMTA. And then to keep them connected and inspired through programs, online connections, and information from the youth perspective. We will aim to understand the needs of the CMTA youth community and lead the movement to meeting those needs.

ARTICLE IV. MEMBERSHIP

Section 1. Eligibility for Membership

Members must range from the ages of fifteen to twenty and may not exceed the age of twenty-one. Three (non-consecutive) active years are encouraged but not mandatory. The CMTAY shall not exceed twelve active members at any time. Shall not go below 10.

Section 2. Annual Dues

Members are expected to raise at least \$1,000.00 for the CMTA by the end of the first fiscal year of each participating term. Fundraising is at the members own discretion. Amount will increase \$100 annually.

Section 3. Rights of Members

Members may nominate individuals to fill a board position when available. Candidates must interview with the Board Directors who will delegate who may or may not be voted upon. Current board members will then vote on the potential new members.

Section 4. Interview Process:

- One on one recorded interview with Jonah. Questions provided in advance. To include components of relevant experience and accomplishments. As well as hypothetical situations pertinent to Youth Council Tasks.
- Council members listen to recording and vote on initiation
- 2 month trial period as part of council before final group decision is made.

Section 5. Resignation

A board member may resign their position in writing with an explanation as to reason of resignation. They must continue to serve for 30 days during which time a replacement member will be found.

ARTICLE V. MEETINGS OF MEMBERS

Section 1. Regular Meetings

Regular e-meetings shall be held monthly on the third Sunday of every month. All members are to attend these pre-dated meetings.

Section 2. Annual Meetings

An annual meeting shall take place in the first quarter of every year with location to be determined.

Section 3. Special meetings

Special meetings may occur for when conferences, meetings, and walks are in an appointed member's area of residence.

Section 4. Notice of Meetings

As meeting dates have been pre-dated, members are to give a two week notice if unable to attend.

ARTICLE VI. COMMITTEES

Section 1. Committee Officers

Committee officers must keep committees operating and functioning with the support of their committee members. Officers are responsible for the organization and implementation of committee projects and must keep an open flow of communication between all committee members.

Section 2. Social Media Committee

Committee members are to regularly e-meet to discuss the CMTAY's social media presence, engagement, and outreach. Members are to think of new and creative ways to share relatable content to their audiences.

Section 3. Special Projects Committee

Committee members are to regularly e-meet to discuss the concept and to bring the idea to fruition.

Section 4. Meeting Planning Committee

Committee members must work on Board meeting agendas, provide meeting materials, and are responsible for meeting documentation and implementation.

Section 5. Fundraising

Committee members are to provide fundraising kits, aids, and guidance for the CMT Youth. Members are to encourage, engage and support the youth with any and all fundraising needs. Members are to support youth board members fundraising.

Attendance is mandatory for all meetings unless stated by council leadership.

ARTICLE VII. CORPORATE STAFF

Section 1. Directors

Directors are to provide guidance and supervision for organizational tasks and projects. Directors are to oversee committee involvement and engagement and provide professional insight.

