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Charcot-Marie-Tooth Association



#### Warning!

Vincristine has been proven hazardous and should be avoided by all CMT patients. Taxols also pose a high risk to people with CMT. The remainder of the medications listed on this card present varying degrees of potential risk for worsening CMT neuropathy.

Have a drug/medication question? Visit [www.cmtausa.org/medquest](http://www.cmtausa.org/medquest) or email [asktheexpert@cmtausa.org](mailto:asktheexpert@cmtausa.org).

## Neurotoxic Medication List

#### Caution!

Some, but not all, brand names are listed here. A more complete list can be viewed/downloaded at [www.cmtausa.org/fullmedlist](http://www.cmtausa.org/fullmedlist).

Before taking any medication or changing medications, be sure your physician is fully aware of your medical condition, and discuss any possible side effects it may have on CMT.

#### Definite High Risk

Vinca alkaloids (Vincristine)  
Taxols (paclitaxel, docetaxel, cabazitaxel)

#### Moderate/Significant Risk:

Amiodarone (Cordarone)  
Arsenic Trioxide (Trisenox)  
Bortezomib (Velcade)  
Brentuximab Vedotin (Adcetris)  
Cetuximab (Erbitux)  
Cisplatin & Oxaliplatin  
Colchicine (extended use)  
Dapsone  
Didanosine (ddI, Videx)  
Dichloroacetate  
Disulfiram (Antabuse)  
Eribulin (Halaven)  
Fluoroquinolones  
Gold salts  
Ipilimumab (Yervoy)  
Ixabepilone (Ixempra)  
Leflunomide (Arava)

Lenalidomide (Revlimid)  
Metronidazole/Misonidazole (extended use)  
Nitrofurantoin (Macroantin, Furadantin, Macrobid)  
Nitrous oxide (inhalation abuse or Vitamin B12 deficiency)  
Nivolumab (Opdivo)  
Pembrolizumab (Keytruda)  
Perhexiline (not used in U.S.)  
Pomalidomide (Pomalyst)  
Pyridoxine (mega dose of Vitamin B6)  
Stavudine (d4T, Zerit)  
Suramin  
Thalidomide  
Zalcitabine (ddC, Hivid)

#### Uncertain/Minor Risk:

5-Fluoracil  
Adriamycin  
Almitrine (not in U.S.)  
Chloroquine  
Cytarabine (high dose)  
Ethambutol  
Etoposide (VP-16)  
Gemcitabine  
Griseofulvin  
Hexamethylmelamine  
Hydralazine  
Ifosfamide  
Infliximab  
Isoniazid (INH)  
Lansoprazole (Prevacid)  
Mefloquine

#### Negligible/Doubtful Risk:

Omeprazole (Prilosec)  
Penicillamine  
Phenytoin (Dilantin)  
Podophyllin resin  
Sertraline (Zoloft)  
Statins  
Tacrolimus (FK506, ProGra)  
Zimeldine (not in U.S.)  
 $\alpha$ -Interferon

Allopurinol  
Amitriptyline  
Chloramphenicol  
Chlorprothixene  
Cimetidine  
Clioquinol  
Clofibrate  
Cyclosporin A  
Enalapril  
Glutethimide  
Lithium  
Phenelzine  
Propafenone  
Sulfonamides  
Sulphasalazine

To create a CMT medical alert card, print this page and trim along dotted lines.

Then fold in half and fold in half again.